

Mixed Volleyball Rules and Notes 2023-2024

Rules (Adopting OVA Rules):

- Teams will play 3 games to 25 (win by 2 with a cap of 27) (rally point)
- **Centre line:**
 - 11.2.2.1 (no change from last year) to touch the opponent's court with a foot (feet) or hand(s) is permitted, provided that some part of the penetrating foot (feet) or hand(s) remain either in contact with or Directly above the centre line.
- **Net violations:** Contact with the Net
 - 11.3.1 Contact with the net by a player between the antennae, during the action of playing the ball, **is a fault**. The action of playing the ball includes (among others) take-off, hit (or attempt) and landing.
- The ball can be played off any part of the body.
- Serves: One step is allowed in all courts. Jump serves- both feet must be outside the court at take off & may land in the court after contact.
- No more than 3 males can be on the court at any time
- **Attacks at the net:** Men CAN NOT jump and spike if taking off ahead of or on the attack line.
- **Blocking:** is allowed with the exception of the service.
- All other volleyball rules apply
- All players must be a minimum of 18 years old

Self-Officiated Rules (Only If No Official Available)

- Teams are responsible for reffing and scorekeeping their own games.
- All above noted rules apply.
- At the end of the match the winning team captain or designate needs to record scores on the clipboard.
- If teams cannot agree on a call then re-serve the point. Please demonstrate fair play and sportsmanship.
- If a male is spiking the ball, the players on his/her team will need to observe for an attack line foot violation and call it immediately. Players from the opposing team can also observe for this violation but it is typically easier for players on the same side to view the attack line clearly.

Notes:

- Teams playing the first games of the night are responsible for setting up the volleyball poles & nets & referee stand. Teams playing the last games of the night are responsible for putting the volleyball poles, nets & stand back in school storage room.
- Game balls will be provided by BGCK Staff to each court. Lockbox combo: 49-30-09
- Teams must have a minimum of 3 players or they would forfeit their games. Teams are allowed to pick up **ONE PLAYER** from the league to make the 4th player on the court for regular season only. You **CAN NOT** pick up players from the league to make a 5 or 6 player team. In this case 3 men and 1 woman can make up a team. The picked-up player must complete the game started and then can be substituted by the regular player if they show up before the start of the next game.
- Game default: 10 minutes late start the first game is defaulted, an additional 10 minutes delay 2nd & 3rd games are defaulted.
- Players are only eligible to play in play-offs if they have played with that team in regular season for a minimum of one match during the season. (Please be fair, honor system)!
- For playoffs, if a sub player is on more than one roster then prior to start of playoffs they are required to declare which team they are playing for during playoffs.
- **Should the school board cancel buses due to snow that day's games will be cancelled. Cancellations will be posted on BGCK social media.**
- Should there be a cancellation due to snow that week's game will take place the following week and the whole schedule will move one week forward unless notified otherwise.
- It is recommended pregnant women consult their physician prior to playing. Please also take into consideration that this is recreational league and it is still very competitive and ball control is not always present please keep this in mind for yourself and others around you.

Roster:

- In order to play all players must be on a team roster and complete and submit a waiver form.
- Regular players can only be on one team roster. Sub players can be on more than one team roster but can only play for one team in the playoffs.
- **After season begins to add new players to your team's roster the team captain must submit player name, and waiver form at least 1 week prior to playing in their first game. BGCK staff will confirm with team captain player has been added to roster and start date to play.**
- **January 31, 2024 is the final date that new players can be added to a team roster for 2023-2024 season.**
- If a team uses a player not on their roster they will automatically forfeit all three games from that nights play.