



## Ladies Indoor Volleyball League Teams & Winter Schedule 2025

@ BGC Facility (107 Lindsay Street South) (Enter Door by Beach Volleyball Courts)

Revised January 30<sup>th</sup>, 2025

### TEAMS

Team #	Team Name	Team Captain
1	Rookies on the Rise	Malin L.
2	No Dig'gity	Emily B.
3	Hits & Giggles	Karen D.
4	Diggin Diva's	Natasha G.
5	Spike it like it's hot	Lauren M.
6		

### GAME SCHEDULE

Date	6:45 pm	7:45 pm	8:45 pm
January 13	1 vs 4	2 vs 3	5 vs 2
January 20	1 vs 2	5 vs 2	3 vs 4
February 3	3 vs 5	1 vs 4	2 vs 4
February 10	4 vs 5	2 vs 3	1 vs 3
February 24	4 vs 2	5 vs 3	1 vs 5
March 3	1 vs 3	1 vs 4	5 vs 2
March 17	4 vs 5	3 vs 4	1 vs 2
March 24	3 vs 5	1 vs 2	1 vs 4
March 31	1 vs 5	4 vs 5	2 vs 3
April 7	2 vs 3	4 vs 2	1 vs 5
April 14	3 vs 4	1 vs 3	5 vs 2

### Notes & Rules

- Teams will play 3 games to 25 (win by 2 with a cap of 27) (rally point) – (Pending gym court time).
- Teams are responsible for refereeing and scorekeeping their own games, please be fair! If teams cannot agree on a call then re-serve the point.
- Both feet must completely cross the centre line to be a violation, unless it impedes the opposing player.
- All regular volleyball rules apply.
- Due to lower ceiling height in club gym only if ball hits the ceiling on your side of the court after first or second contact by your team the ball can still be played by your team.
- If after your team contacts the ball it hits the ceiling on other side of the court then out & point for other team.
- Game Balls will be provided by BGCK Staff.
- At the end of the match both team captains or designates need to record scores on clipboard & initial.
- In order to play all players must be on a team roster and complete and submit a waiver form.

- After season begins to add players to your team's roster the team captain must submit updated roster with player name, and waiver form at least 1 week prior to playing in their first game. BGCK staff will confirm with team captain player has been added to their team and start date added player can play.
- **February 24** is the final date that new players can be added to a team roster for the 2025 Winter season.
- Regular players can only be on one team roster. Sub players can be on more than one team roster but can only play for one team in the playoffs.
- Teams must have a minimum of 3 players or they would forfeit their games. If teams are short players night of then they can borrow a player from another team to make 4 for regular season only.
- After 10 minutes if teams don't have 3 players the first game is forfeited, after 20 minutes all games are forfeited.
- If a team forfeits more than one time during the season they will be subject to possible removal from the league with no refund, there are several teams on the waiting list and interested in playing.
- If a team uses a player not on their roster they will automatically forfeit all three games from that nights play.
- Players are only eligible to play in play-offs if they have played with that team in regular season for a minimum of 1 week/match during the regular season. (Please be fair, honor system)!
- For playoffs, if a sub player is on more than one roster then prior to start of playoffs they are required to declare which team they are playing for during playoffs.
- Program cancellations due to inclement weather will be posted on club social media at 5:30 pm.

**\*\*TEAMS PLAYING THE 6:45 PM GAME ARE REQUIRED TO HELP SET-UP THE POLES and NETS.\*\***

**\*\*TEAMS PLAYING THE 8:45 PM GAME ARE REQUIRED TO HELP PUT THE NETS, AND POLES AWAY.\*\***